



## *NATURE CUM ADVENTURE CAMP 2015*

**Location: Kanakapura**

**PROGRAM DATES: 16.05.2015 TO 17.05.2015**

The Backpackers Foundation is an association where we give hands on environmental education program offering an interactive, fun, educational programs and activities that utilize participant's willingness to learn.

Adventure camp encourages initiative, rewards innovation and enhances self belief, by throwing up new challenges; it has the potential to transform a person in many ways. Here one tends to learn social living skills, experience new and challenging activities, decision making and leadership skills, develop self – esteem and make new friends. Imagine being able to breathe fresh air while at the same time releasing and submitting yourself completely to nature.



### **OUR ADDRESS**

**The Backpackers Foundation**  
No 28/2, Kaundinya Apartments,  
3rd Temple Street,  
15th Cross, Malleswaram,  
Bangalore 560 003

**Web: [www.backpackers.org](http://www.backpackers.org)**

**Email: [lacchii@backpackers.org](mailto:lacchii@backpackers.org)**

## SAFETY

Our focus is on safety, followed by learning and fun. Our first commitment is to the physical, psychological, and emotional safety of every participant. We leave no stone unturned to provide a safe experience and create an environment where people feel free to stretch their limits. At the beginning of the program, all participants go through a briefing to familiarize them with basic safety guidelines and to ensure a safe and enjoyable stay at the camp. The participants are given an extensive briefing and demonstration on how to use the equipment and are not allowed participating in an activity until the instructor is satisfied that they have fully grasped the basics.



## TEAM

All the instructors guiding the program are certified mountaineers from recognized mountaineering institutes and have the best credentials in their field. They are chosen for their experience, skill and enthusiasm for working with children. You will find all our instructor's are warm welcoming and willing to understand your child's needs and interests. All activities are led by qualified instructors who have experience and skills in running and teaching these activities and ensure that the campers are safe, engaged and having fun. Our main motive is to promote the building of character and leadership development, with a particular emphasis on respect for others, taking responsibility for oneself and the environment. Every participant always has access to and is supervised by an adult leader. It also ensures individualized attention for the participants.

## PROGRAM SCHEDULE

Departure : 16.05.2015  
Reporting Place : Kanteerva Stadium, Near Climbing wall  
Time : 05.30 am  
Arrival : 17.05.2015  
Arrival Place : Kanteerva Stadium, Near Climbing wall  
Time : 8.30 pm





## Some Points to Observe:

- 1 Walk as silently as possible. Keep in visual sight of each other.
- 2 Do not drop litter.
- 3 Obey and cooperate with the group leader.
- 4 Keep to the campsite while camping.
- 5 Help in fetching water for cooking, washing up, putting up tents, dismantling and packing tents, and any other camp chores that needs to be done.
- 6 Do not collect any specimens from the jungle.
- 7 Do not wash any vessels / plates directly in any running water; carry the water away from the running water source to wash the vessels / plates

### SCHEDULE AT NATURE AWARENESS CAMP

#### Day 1:

- Reach camp by 8:30 AM and have breakfast.
- Brief introduction by camp leader
- Rappelling session
- Lunch
- Water sports with water landing zipline
- Boating like kayaking, coracle, Dhingy paddling etc.
- High tea
- Presentation on flora and fauna by a naturalist
- Dinner and retire for the day

#### Day 2:

- Wake up, freshen up and have breakfast.
- Trek to Devaragudda valley.
- Reach cave and explore cave
- Trek up to Devaragudda peak
- Descend and reach base camp for lunch
- Have lunch and relax
- Play team games.
- High tea
- Good bye



**COST :Rs.2750/-**

#### Includes:

- 1 TRANSPORTATION (BANGALORE TO BANGALORE)
- 2 FOOD (NUTRITIOUS, VEGETARIAN)
- 3 ACCOMODATION (MODEST AND CLEAN)
- 4 ACTIVITY AND SAFETY EQUIPMENT
- 5 INSTRUCTORS FEES
- 6 FOREST ENTRY CHARGE

## LAST DATE FOR REGISTRATION

04.05.2015

### What to bring

Dress (3 pairs)  
Water bottle  
Plate, Cup and Spoon  
Sun Cap  
Torch  
Toilet Kit  
Camp Slippers  
Rubber soled shoes  
Bedding (Ground sheet & Bed Sheet)  
Personal Medicine



### CONTACT

#### Lakshminarayan V

lacchii@bakpackers.org

+91 - 94496 49236 / 97318 73096

#### Prasanna Kumar D B

nandaadeepa@yahoo.com

+91 - 98444 86896

#### Deepak V

lrdeepakblr@gmail.com

+91 - 94498 00754

Also You Can Register Here: [www.bakpackers.org/team-up/registration-form/](http://www.bakpackers.org/team-up/registration-form/)

